

## Volunteering Remotely Can Help our Community Stay Strong

Youth as resources—Young people are given useful roles in the community. Now is your time to shine.  
Please help raise spirits in town by doing your part from home.

### Brighten Someone's Day

People living in isolation need to hear from you. Please help raise peoples' spirits by drawing pictures, writing poetry, sending a letter or simply creating a positive message to send someone that is homebound.

Here are three ways you can do this:

If you would like to send something positive to those living in a nursing home please send it to Southington Care attention Victoria Triano at 45 Meriden Ave, Southington, CT 06489.

If you would like to send a message to be placed in dinners to go for homebound clients at Bread For Life please send it to Bread For Life attention Donna Ayer at 31 Vermont Ave. Southington, CT 06489.

If you would like to reach out and thank a Nurse/Doctor, Police, Firefighter, Grocery or any other essential employee please send your letter or card to Southington Youth Services attention Christina Simms 196 North Main Street, Southington, CT 06489.

### Taking Care of Our Neighbors

We can also support Community Services by donating any non-perishable items. The next time you go to the grocery store if you are able to buy a little extra every item helps. There will be a collection box at the Municipal Center and you can drop off between 9-3pm Monday- Friday.

We can also support Bread For Life by donating individual wrapped snacks. The next time you go to the grocery store if you are able to buy a little extra every item helps. There will be a collection box at the Municipal Center and you can drop off between 9-3pm Monday- Friday. The following items are needed:

- Individually wrapped granola bars/cereal bars
- Mini bottles of water
- Easy Mac/ small containers
- Individually wrapped snacks/cookies or crackers
- Small individual containers of cereal

If you have any questions please reach out to Christina Simms, Director of Youth Services, 860-276-6284 or [simmsc@southington.org](mailto:simmsc@southington.org)

